

---

## FUTURE TEACHERS OF PHYSICAL EDUCATION SOCIAL-PEDAGOGICAL SIGNIFICANCE OF IMPROVING THE TRAINING SYSTEM

Gofurov Azizbek Umarjonovich

Independent Researcher Of Fergana State University, Uzbekistan

**ABSTRACT:** In this article, the idea of developing the knowledge of future physical education teachers about sports tourism, as a result of the professional activity of the physical education teacher, the physical readiness of students, individual-psychological characteristics, and the sphere of their motivations is thoroughly studied and developed. comments are made.

**KEYWORDS:** physical education, new development, sports tourism, innovative ideas, physical culture, in European countries, well-rounded person, educational standards, modern pedagogical technologies, scientific method.

### INTRODUCTION

To improve the knowledge, skills, and qualifications of students of higher education institutions worldwide, to develop their intellectual and physical maturity, to increase the quality of education, to humanize it, to introduce healthy technologies into educational subjects, to develop coherence and continuity, to develop and ensuring socialization goals, increasing the creativity of specialists, including physical education teachers.

In our country, a teacher organizes the process of education and upbringing, manages it, performs tasks of state importance, forms a new generation for society based on state goals. Accordingly, only if the teacher is ready to organize his activities in a new way, he will organize a professional pedagogical process rich in discoveries that have yet to be discovered and create the necessary pedagogical conditions for the formation of a well-rounded person. Therefore, one of the first steps in improving the quality and efficiency of the educational system is to ensure the readiness of teachers for the professional pedagogical process.

The transfer of innovations in the training of future physical education teachers is unique in Spain. A special model for teaching the secrets of professional activity to future physical education teachers was created, which differs from models in other countries. When discussing the problems of preparing teachers for innovative activities, its assessment, control, monitoring, quality assurance, etc. are taken into account. In the training of physical education teachers in Spain, efficiency and quality are considered the most important indicators in educational institutions. The innovative activity of teachers is evaluated quantitatively based on the overall educational system or its specific stage.

Currently, effective technologies are used in teaching students in "Physical education and culture", "Women's sports", "Primary education and children's sports" and other educational areas in the existing pedagogical universities of our republic. When organizing the practice of future physical education teachers, special attention is paid to the quality of education aimed at forming their professional and methodical skills.

Today, the socio-pedagogical need to create a system of motivational approaches and relationships for future physical education teachers is increasing. This makes it an urgent task to improve the system of training and training them as personnel. In this sense, there is a need to train future physical education teachers based on modern students, develop their professional knowledge and skills, and prepare them for innovative activities based on a creative approach.

Due to the fact that the share of physical activities is decreasing in modern conditions, the training of highly qualified specialists in the field of physical education is becoming more and more important as an important issue for all types of education. In a certain sense, modern physical culture education is represented by a problematic situation related to the existing contradictions between the objective need of society for highly qualified physical education specialists and the practical and professional training of graduates.

Modern pedagogy involves the use of a motivational approach to develop the professional knowledge and skills of a future physical education teacher, to educate them in a new outlook and thinking, and to use their professional competence at a high level to improve the quality and efficiency of physical education, to create motivational activity and to basically aims to achieve social changes.

Physical education is not only a process consisting of pure sports competitions, but it is the formation of moral and willful qualities in young people through this education. During the performance of physical exercises, the will, speed, agility, and endurance of young people are cultivated, their health is strengthened, their work skills and mental activity are increased, moral standards such as courage, honesty, determination, independence are formed, and steps are taken towards maturity.

It remains one of the urgent tasks to motivate future physical education teachers to become skilled masters of their profession, to start professional activities, and to direct their internal motivations for the effectiveness of professional activities.

## REFERENCES

1. Ўзбекистон Республикаси Президентининг 2017 йил 20 апрелдаги “Олий таълим тизимини янада ривожлантириш чора-тадбирлари тўғрисида”ги ПҚ-2909 сонли Қарори. // <https://lex.uz/docs/3171590>
2. Холодов Ж. К., Кузнецов В. С. Теория и методика физического воспитания и спорта: Учебное пособие для студентов высших учебных заведений. — М., Академия, 2000. — 480 с.
3. Мишагин В. Н., Личностно-ориентированный подход к организации профессиональной подготовки будущего учителя физической культуры. Кан. пед. наук. Дисс. Автореф. Саратов, — 2001. — 190 с.