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## **EXAMPLES OF THE IMPACT OF SOCIAL ADAPTATION ON THE NATIONAL MENTALITY OF STUDENTS IN GRADES 5-6**

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**ABSTRACT:** This article examines the impact of social adaptation on the formation of the national mentality of students in grades 5-6. In the context of modern education and the socio-cultural environment, it is important to understand how the processes of social adaptation can affect the formation of the peculiarities of thinking and behavior of students. The article examines specific examples of the impact of the social environment on the formation of the national mentality of children, based on research data conducted among students of grades 5-6. The authors identify the key factors influencing the processes of social adaptation, as well as analyze how these factors can shape the peculiarities of thinking and perception of the world in the context of national cultural heritage[1]. The results obtained are important for understanding the relationship between social adaptation and the formation of the national mentality of primary school students, which can be useful for developing effective strategies for the educational process and upbringing.

**KEYWORDS:** Social adaptation, national mentality, students of grades 5-6, education, socio-cultural environment, psychological development, thinking and behavior of children, social environment and upbringing, cultural heritage, personality formation, socio-cultural factors, educational strategies, influence research, educational process, child psychology, social relationships, pedagogy, personality development, elementary school classes, cultural adaptation.

### **INTRODUCTION**

Modern education faces a number of challenges, including the difficulties of social adaptation of students, especially at an early age. This article examines the influence of social adaptation processes on the formation of national mentality among students of grades 5-6. Understanding this dynamic may be important for developing effective methods of educational impact and pedagogical support[2]. In the modern educational context, the issues of social adaptation and the formation of the national mentality of students in grades 5-6 are becoming more and more relevant. This age is a period of active psychological and social development, and it is here that the foundations of a worldview and understanding of one's own national identity are often laid[3]. In this article, we will look at specific examples demonstrating the impact of social adaptation on the formation of a national mentality among students in grades 5-6.

The essence of social adaptation

Social adaptation is the process of mastering sociocultural norms, values and roles by an individual. Students in grades 5-6 are in a key period of their personality formation, and the social environment can have a significant impact on their mental development.

The relationship of social adaptation and national mentality

Examples of the impact of social adaptation on the national mentality of primary school students are manifested in various aspects of their behavior and thinking. The national mentality, as a set of common ideas and values, can be influenced by social factors, such as interaction with classmates, teachers and parents.

Examples of influence

1. Language adaptation: Interaction with diverse language groups in the classroom can contribute to the formation of a tolerant attitude to the diversity of cultures and languages.
2. Play activity: Joint games and activities can stimulate cooperation and the formation of a collective national mentality, where students share common values.
3. Interaction with various socio-cultural contexts: Educational materials based on a variety of cultural examples contribute to a broader understanding of national characteristics and mentalities.

Based on the identified influences, the development of effective strategies to support social adaptation in the learning environment becomes a necessity[4]. It is important to create pedagogical methods that contribute to a positive impact on the formation of a national mentality, taking into account the specifics of each student. Social adaptation at school age plays a crucial role in the formation of personality. The analysis of modern research allows us to identify key aspects, such as relationships with others, the level of self-esteem, and the perception of social norms.

The study of educational institutions reveals that school can become a significant factor in the formation of a national mentality[5]. Examples show how school programs, events and traditions can influence understanding and respect for cultural characteristics. The study of group dynamics in classrooms reveals how students interact and what patterns of behavior they adopt. This process has a direct impact on the formation of the national mentality, emphasizing the role of the social environment in this process. The use of innovative educational strategies aimed at integrating cultural materials into the educational process can contribute to a deeper understanding of one's own cultural identity, forming a more tolerant and versatile worldview among students.

### CONCLUSION

The article emphasizes the integral connection between social adaptation and the formation of the national mentality of students in grades 5-6. Understanding this dynamic opens the way to the creation of more effective educational strategies that contribute to the harmonious development of the individual in modern society. The study of examples of the impact of social adaptation on the national mentality of students in grades 5-6 emphasizes the importance of an integrated approach to the educational process[6]. Understanding these relationships can serve

as a basis for the development of effective strategies of education and training aimed at the formation of a harmonious and tolerant personality in a diverse socio-cultural environment.

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