
DETERMINATION AND DEVELOPMENT OF ABILITIES IN PRESCHOOL CHILDREN

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ABSTRACT: This article talks about the identification and development of abilities in preschool children. The appearance and signs of abilities in children are described. The concept of ability is defined by methods of determining it and types of abilities.

KEYWORDS: Ability, talent, activity, communication, tool, age characteristics, psychological views.

INTRODUCTION

One of the psychological characteristics of a person is ability. Knowledge, skills, and abilities are acquired through ability. Abilities are manifested only in activities. A child must have opportunities, special education, persistence, good health and many other conditions for his abilities to manifest. Without these, skills can fade before they develop. The Law of the Republic of Uzbekistan on December 16, 2019 "On Preschool Education and Education". In Article 4, as the main principles of preschool education and upbringing, the existence of the opportunity to receive preschool education and upbringing for every child; equality of conditions for the development of each child's talents, passions and abilities. This justifies the need to create ample opportunities for the child's abilities.

Children differ from each other in their activities in different fields - work, play, education and creativity - they do something quickly or slowly. Some children do things slowly, while others do them quickly. Some children's activities are productive and successful, while others are less productive. Some children use more creative and original methods in their work, while some children use less of such methods in their work. Depending on this feature of children's activities, it is possible to determine what their abilities are.

Ability is sharply different from knowledge, knowledge is the result of treatment, ability is a characteristic of the psychological and physiological structure of a person. A child's brain grows especially fast in the first years of life. This maturity, i.e., the growth of the number of brain cells and the anatomical connections between them, depends on the variety and intensity of the work of the existing structures, as well as the extent to which the environment encourages the formation of new ones. During this period, children show high sensitivity to the external environment and conditions. This creates wide opportunities for development. This period is a favorable period for the beginning of the development of abilities. It is worth noting that in this process, the child's abilities will be successful if they receive favorable conditions and encouragement.

There are many types of abilities. Currently, there are many types of psychological classification of abilities. According to their general classification, abilities are divided into two groups: general and

special abilities. Each of these groups is divided into simple and complex, and within the group there are separate types.

General abilities are the mental abilities that ensure the success of various human activities, the development of memory and speech, accuracy of hand movements and other characteristics.

Special abilities are understood as abilities that determine a special type of talent and its development in special types of activities for the realization of human achievements. These abilities include musical, mathematical, linguistic, technical, artistic, literary, and sports abilities.

The development of abilities is carried out in several stages. In the course of human development, there are periods of curiosity and sensitivity to mastering certain types of activities. If the child's speech develops rapidly when he reaches the age of 2-3, he is ready to study at the age of 5-7. Children of the middle and senior groups before school play role-playing games. Taking on the role of their favorite hero, they feel the ability to embody it. It is important to note that periods of acquisition of special types of activity end at a certain time, and if some characteristic is not developed during this time, further development will be extremely difficult or impossible. Therefore, for the development of the child's abilities, all stages of his development as a person are important.

Psychologists say that a child begins to show abilities at an early age. In order to identify the child's abilities in time, it is necessary to carefully monitor them. It is necessary to pay attention to what the child does in his free time and in various activities. You can offer him several activities and determine his interests and abilities based on which one he chooses. This process is carried out by parents in the family, educators in preschool education organizations. Because people who spend more time with a child know his character traits better.

If a child uses gestures well during communication, freely expresses his feelings, active facial expressions, hand and body movements, the child shows artistic ability. Such children arouse the feelings of those around them with their actions and emotions in conversation. They often imitate adults, adopt their habits and actions. Usually, such children understand situations quickly. They understand the real reasons for people's actions.

Musically gifted children always gravitate towards the direction of the music. Such children quickly adapt to the melody and rhythm. They make movements and sounds in tune with the music. When he reaches school age, his interest in playing musical instruments increases. If a child pays attention to his musical abilities from a young age, he may develop into a great "singer" in the future. It should be mentioned here that excessive movement can cause "strain" and have a negative effect on the sound apparatus.

Visual ability is manifested in the child's interest in drawing, colored pencils, objects. Such children approach their work based on their worldview. The drawings of young children reflect unusual images and interpret the meaning of the image based on their imagination.

Technical abilities, unlike the previous ones, appear much later. It can be felt by the child's interest in playing with "creative labor toys" (all types of building materials, constructors, various models,

etc. - develop design skills and inventions), building-making toys, objects. They like to independently find the reason for the malfunction of various mechanisms. Easily repairs broken toys, crafts, and equipment.

V. I. Tyutyunnik's research shows that the need and ability for creative work develops at least from the age of 5. The main factor determining this development is the content of the relationship between the child and adults, the position of adults towards the child. In order to solve these problems, it is necessary to start identifying and developing their abilities in the course of activities from children of preschool age.

In conclusion, it should be noted that abilities in a child appear in certain time intervals. For the development of abilities, it is not enough to have a child's favorite activities, the help, attention, and all-round support of specialists, parents and pedagogues is necessary.

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